

Wildflower Meadow Management Report

Common View Playing Field, Stedham, West Sussex

Site Overview

Location: Common View Playing Field, Stedham

Size: Approx. 150m x 3m strip along the edge of the playing field

Ownership: West Sussex County Council (leased to Stedham with Iping Parish Council)

Land Use History: Established in the late 1960s as a playing field; regularly mown for decades.

Soil Type (assumed): Likely free-draining sandy loam, typical of the area.

Habitat Context: Surrounded by gardens, allotments, and natural areas – good potential for

ecological connectivity.

Current Vegetation and Species Present

Despite long-term regular mowing, the site shows signs of remnant meadow flora, indicating good restoration potential:

- Sweet Vernal Grass (Anthoxanthum odoratum) indicator of unimproved grassland
- Field Wood-rush (Luzula campestris) often found in old meadows and churchyards
- Ribwort Plantain (Plantago lanceolata), Yarrow (Achillea millefolium), and Speedwell (Veronica spp.) – native species persisting in the sward
- Autumn Hawkweed (Hieracium sabaudum) low-growing perennial with bright yellow flowers; often found in unimproved grassland
- Common Cat's-ear (Hypochaeris radicata) good for pollinators
- Cuckoo Flower (Cardamine pratensis) moisture-loving and butterfly-friendly
- White Clover (Trifolium repens) nitrogen-fixing and beneficial to bees
- Ornamental Cherry trees planted in 2023 provide seasonal blossom and structure.

This species mix suggests the site retains some botanical interest, which is important to retain and is therefore more suitable for **enhancement** rather than full re-creation.

Management Recommendations

1. Site Preparation (Late August 2025)

• Initial Cut & Removal:

- Mow the selected 3m-wide strip very short (1–2cm).
- Collect and remove all cuttings to reduce fertility.

Scarification:

- Use a pedestrian scarifier (hire locally) to open the sward, remove thatch and expose 50–70% bare soil.(https://youtu.be/l ITWIZ4EUQ?si=K89oexu13tElkf60
- o The goal is to create seed-to-soil contact; do not rotovate or plough.







2. Seed Selection & Sowing (Late August – Early September 2025)

• Core Species Mix:

- o Yellow Rattle (Rhinanthus minor) essential hemi-parasite to reduce grass vigour
- Oxeye Daisy (Leucanthemum vulgare)
- o Common Knapweed (Centaurea nigra)
- Bird's-foot Trefoil (Lotus corniculatus)
- Selfheal (Prunella vulgaris)
- o Optional edge/partial-shade species: Red Campion, Primrose

Seed Cost Estimate for 450 m² Meadow Area

Species	Latin Name	*Sowing Rate	Total	*Price per	Estimated
		(g/m²)	Seed (g)	100g	Cost
Yellow Rattle	Rhinanthus minor	3.0	1350	£35.00	£472.50
Oxeye Daisy	Leucanthemum	0.5	225	£20.00	£45.00
	vulgare				
Common	Centaurea nigra	0.5	225	£30.00	£67.50
Knapweed					
Bird's-foot	Lotus corniculatus	0.5	225	£20.00	£45.00
Trefoil					
Selfheal	Prunella vulgaris	0.5	225	£22.00	£49.50
Red Campion	Silene dioica	0.5	225	£25.00	£56.25
Total					£735.75

^{*}Cost estimate for sowing the specified wildflower species over an area of 450 m², using current seed prices and recommended sowing rates from Emorsgate Seeds, Please always check the most upto date prices here: https://wildseed.co.uk/

Sowing Method:

- Mix seed with dry sharp sand (approx. 1:3 ratio) to aid even distribution.
- o Broadcast by hand across the prepared areas.
- o Roll or tread-in to ensure good soil contact.

Sourcing Seed:

- o Use UK-native, wild-origin seed from a reputable supplier.
- o Ensure Yellow Rattle is fresh (harvested same year) for maximum germination.

3. Establishment Phase (Autumn – Spring 2025)

Post-sowing cuts:

- o If grass regrowth occurs, mow to ~5cm in autumn and remove arisings.
- Monitor grass height through winter if it exceeds 10cm, carry out and additional early spring cut (Early March before yellow rattle has germinated).

4. Long-term Maintenance







Annual Management:

- o **Main summer cut:** Mid-July to mid-August (after Yellow Rattle has seeded).
- o **Secondary cut:** March (optional but beneficial, especially in early years).
- Always **cut and remove** arisings never mulch.

Additional Notes:

- o Avoid sowing cornfield annuals (e.g. poppies) they are not persistent meadow species.
- o Avoid plugs unless irrigation is available; direct sowing is more reliable.
- o Consider transplanting existing wildflowers from within the site in autumn (e.g. Cat's-ear, Cuckoo Flower).

Seasonal Task Calendar

Month	Tasks		
Late	Initial mowing of area to short sward height. Scarify to 50–70% bare ground. Sow		
August	wildflower mix. Roll or tread-in seed; monitor for regrowth.		
October	Optional light cut & collect if grass regrows vigorously		
Nov-Feb	Monitor; no action unless grass becomes tall.		
March	Early spring cut, remove arisings to support rattle germination.		
Apr–June	Monitor establishment; leave uncut.		
July	First full cut & remove – after Yellow Rattle has flowered and seeded (typically late		
	July – Mid August).		
Ongoing	Continue annual summer + spring cut. Monitor success, adjust as needed.		